

Municipal Pool

Red Cross Class Offerings 2009

WSI Aide Program

This class will provide candidates with information and hands-on learning skills to assist a certified Water Safety Instructor with swim lesson instruction. This class will include teaching activities, games and drills that will be used during swim lessons. Class held at the Euclid Avenue Pool.

Ages: 13-15

Class: 8989.304 Monday through Thursday, July 6-9, 10:00 am - Noon

Fee: \$60 for residents / \$70 for non-residents

WSI Update (Water Safety Instructor) Red Cross Swimming and Water Safety Program (r.09)

This update is for current and existing instructors needing to update to the new Swimming and Water Safety Program (r.09).

Sunday, May 17; 10:00 am-Noon (8990.304) or 2:00-4:00 pm (8990.305)

Class Fee \$70 - Cash, cashier's check or money order payable to: Stephanie Maver

Location: Fire Station #1, 37000 Euclid Ave.

WSI Course (Water Safety Instructor)

Provides candidates with the training they need to plan and conduct courses within the American Red Cross Swimming & Water Safety Program. Covers teaching progressions, course & lesson planning, recognizing common skill errors, providing corrective feedback, motor learning, hydro dynamic principles. Classes held at Euclid Ave. Pool and Fire Station #1.

Ages: 16 & over (must be 16 prior to the June 20, 2009)

Class: 8990.301 Monday - Thursday, June 8-20, 6-9 pm weekdays & 9 am-Noon on Saturdays

Fee: \$200 for residents / \$220 for non-residents

Cash, cashier's check or money order payable to "Stephanie Maver"

GuardStart™: Swim Camp

Gives swimmers a jump start into a lifeguarding job. Guardstart™: Lifeguarding Tomorrow provides a foundation of lifeguarding and life skills. For those with swimming skills, this program is an ideal transition between Red Cross Learn-to-Swim and the Lifeguard Training Course. GuardStart focuses on 5 key areas: 1) Prevention of aquatic accidents, 2) Fitness and swimming skills, 3) Response in an emergency, 4) Leadership skills, 5) Professionalism of a lifeguard.

Ages: 11-14

Class: 8989.303 Monday through Thursday, July 6-9, 10:00 am - Noon

Fee: \$60 for residents / \$70 for non-residents

Location: Euclid Ave. Pool.

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Lifeguard Instructor Training Course

To train instructor candidates in the instruction of lifeguard training, including First Aid, CPR for the Professional Rescuer, Lifeguard Management, AED Essentials, Oxygen Administration for the Professional Rescuer, Preventing Disease Transmission, Community Water Safety and Basic Water Rescue. The training prepares the instructor candidates by developing their understanding of how to use the course materials and methods, how to conduct training sessions and how to evaluate participants' progress. **There are no refunds once you're registered for this class.**

PREREQUISITES:

1. Be at least 17 years of age on or before June 29, 2009.
2. Pass each section of the pre-course written exam with a score of 80%.
3. Demonstrate competency in the skills evaluation

Ages: 17 & over

Class: 8990.302 Monday-Friday, June 29-July 10, 6-9 pm weekdays

Fee: \$200 for residents / \$220 for non-residents

Location: Euclid Ave. Pool and Fire Station #1

Cash, cashier's check or money order payable to "Stephanie Maver"

Basic Water Safety

The American Red Cross Basic Water Rescue course provides individuals with the knowledge and skills necessary to prevent, recognize and respond to aquatic emergencies including protecting yourself while assisting others. This course is designed for anyone involved in water activities for recreation and health, who work on or around the water, childcare providers, boaters or anyone owning personal watercraft. It is recommended that participants be comfortable in chest deep water due to in-water skills session. Upon successful completion of the course, each participant will receive an American Red Cross Universal Certificate valid for 3 years. To receive the course completion certificate, the participant must:

- attend ALL class sessions
- demonstrate competency in each skill taught in the course
- correctly answer 80% of the questions in the final written exam

Ages: 18 & over

Class: 8990.303 Wednesday & Thursday, June 24 & 25; 6:30-8:30 pm

Fee: \$30 for residents / \$35 for non-residents

Location: Euclid Ave. Pool and Fire Station #1